

- V** Vegetarian
- G** Gluten aware
- ⚡** Spicy

\$6.95 FOOD MENU



STARTERS

- G** **MAPLE BACON POTATO SKINS**
russet potatoes, cheddar & mozzarella cheese, crisp maple bacon, green onion+ sour cream. *the Canoe recommends adding braised beef for \$2.95
- BBQ STACKED RIBS**
slow cooked pork back ribs, quickly fried crisp, smoky bbq sauce, peppered fries
- G** **FINGERS & FRIES**
fried chicken tenders with peppered fries, honey mustard dip
- G** **CRISPY CHICKEN WINGS**
salt & pepper, hot, lemon pepper, honey garlic, dill pickle, bbq, *the Canoe recommends w/ranch carrots and celery sticks for &1

CANOE POUTINE
peppered fries, maple bacon, cheese curds, gravy

- V** **PEROGIES**
cheddar cheese stuffed dumplings, pan fried, chipotle mayo, roasted red pepper, sour cream & green onions. *the Canoe recommends w/ crisp maple bacon for \$1.95
- V** **CHILI CORN MESO DIP**
hot, creamy 3 cheese dip, smoky chipotle pepper, roasted corn & spinach, tortilla chips+ fresh herb pan bread for dipping. *the Canoe recommends extra fresh herb pan bread for \$1.50

SALADS

*the Canoe recommends adding marinated chicken or braised beef \$2.95 each

- CEASAR SALAD**
romaine lettuce, creamy caesar dressing, croutons, maple bacon bits, parmesan cheese, fresh lemon.
- V G** **QUINOA & GREEN APPLE**
crisp apple, sweet corn, grape tomatoes, organic greens, cucumber, cashews
- UNION STREET NOODLE SALAD**
marinated chicken, chow mein noodles, suey choy, green onions, pea shoots, cashews, cucumber, tamari soy-sesame-ginger dressing * the Canoe recommends with a side of hot sauce \$1
- V G** **BEET AND GOAT CHEESE**
roasted beets, candied pecans, organic greens, goat cheese, fresh basil with balsamic vinaigrette

TORTILLA

- ⚡** **SOFT TACOS**
taco beef or marinated chicken, soft flour tortillas, cheddar cheese, crisp lettuce, fresh salsa + sour cream to dip
- CHICKEN CAESAR WRAP**
marinated chicken, creamy caesar dressing, romaine lettuce, parmesan cheese in a tomato wrap with peppered fries
- QUESADILLA**
marinated chicken, braised beef or vegetarian in a flour tortilla with shredded cheddar, sautéed peppers + onions, sour cream + fresh salsa
- V ⚡** **NACHOS FOR ONE**
nacho chips, cheddar cheese, jalapeños, tomato, green onions. fresh salsa + sour cream *the Canoe recommends guacamole for \$1.95, marinated chicken or braised beef for \$2.25 each
- BAJA FISH TACO**
light cerveza battered white fish, roasted red pepper, chipotle mayo, sweet corn salsa, crisp shredded cabbage, cilantro with soft flour tortillas. *the Canoe recommends adding shredded cheddar for \$1.75, hot sauce for \$1, guacamole for \$1.95

BETWEEN BREAD

all served, peppered fries, substitute yam fries, onion rings , poutine or caesar salad \$1.95 each

- ⚡** **SMOKEY BBQ BURGER**
premium Alberta beef, smokey bbq, jalapeño, cheddar cheese, shredded lettuce + tomato on a toasted bun
- WORKS BURGER**
premium Alberta beef, maple bacon, cheddar, caramelized onions, shredded lettuce + tomato on a toasted bun
- BBQ CHICKEN**
marinated chicken, smoky bbq sauce, cheddar, crispy onion strings, shredded lettuce on a toasted bun *the Canoe recommends adding crisp maple bacon for \$1.95
- V** **GRILLED CHEESE**
cranberry sourdough, cheddar parmesan & goat cheese, sun dried tomato pesto, fresh basil *the Canoe recommends adding crisp maple bacon for \$1.95
- BRAISED BEEF DIP AU JUS**
slowly braised beef, horseradish, crispy onion strings on a toasted baguette with rosemary au jus to dip. *the Canoe recommends adding cheese curds for \$1.75
- MUSHROOM SWISS BURGER**
premium alberta beef, sautéed mushrooms, swiss cheese, shredded lettuce + tomato on a toasted bun

BIG BOWLS

- V ⚡** **CANOE CRISPY MAC N' CHEESE**
creamy 3 cheese, roasted red pepper alfredo sauce, crunchy corn flake, fresh mayo, fresh thyme + parmesan crust
* the Canoe recommends adding fresh herb pan bread for \$2.25 and/or crisp maple bacon for \$1.95
- BRAISED BEEF SPAGHETTI**
fresh herbs, tomato marinara, hint of cream + slow cooked braised beef
*the Canoe recommends adding fresh herb pan bread for \$2.25
- V** **SUN DRIED TOMATO PESTO PENNE**
sun dried tomato pesto, onion, light cream sauce, parmesan + green onions.
* the Canoe recommends adding marinated chicken and fresh herb pan bread for \$2.25 each and/or crisp maple bacon for \$1.95